



## **Expressive Portrait Painting**

Zach Mendoza

### *MATERIALS NEED*

#### Oil Paint:

- Ultramarine Blue
- Yellow Ochre
- Titanium White
- Burnt Umber
- Hansa Yellow Light
- Cadmium red light (Cad-free preferred)
- Burnt Sienna or Cad-free red medium (optional)
- Alizarin Crimson
- Payne's Gray
- +Other pigments of student's choice

#### Brushes

A note about brushes: The following is a suggestion of a basic set of oil brushes that will make for a nice standard portraiture set. You'll want long-handle flat brushes, maybe a filbert and some detail brushes. Less expensive options are available especially for detail brushes and I use these often. I would suggest at least 6 brushes of varying sizes from a size 1 or smaller, maybe a size 10 or 12. The following are my suggestions:

- Grumbacher Bristlette Bright Brushes. Sizes 2, 4, 8 and 10  
[https://www.amazon.com/Grumbacher-Bristlette-Synthetic-Bristles-4720B-1/dp/B0027A7\\_9EQ?th=1](https://www.amazon.com/Grumbacher-Bristlette-Synthetic-Bristles-4720B-1/dp/B0027A7_9EQ?th=1)
- Hog Hair brushes: a couple of hog hair or synthetic hog hair brushes will be nice for adding texture.  
<https://www.jerrysartarama.com/new-york-central-professional-control-oil-brushes>

If students have a preferred oil painting set already, this is fine but be sure that they are oil-paint compatible. Synthetic acrylic brushes will work but avoid watercolor brushes for example.

#### Mediums:

- Safflower oil
- Solvent-free medium

- Gamsol or Turpenoid (or other odorless mineral spirits) for cleaning.

*\*In recent years, I've developed a preference for these mediums due to their non-toxic quality. Other mediums welcome but the above is encouraged.*

Painting Related Materials:

- Rags
- Palette - Disposable palettes or student's preference
- Palette knife for mixing.
- Small glass bottle for medium.
- Small jar for medium
- Larger glass jar (to clean brushes).

Surfaces:

- Canvas panels, boards or wood panels . Sizes 8x10" or 11x14" suggested. Larger is welcome, especially for optional personal project assignments. Students will need at least 8 different surfaces throughout the class.

Work Clothing:

- Painting Apron
- Older clothes

For questions about the materials list, please contact your instructor, Zach Mendoza, at [info@zachkmendoza.com](mailto:info@zachkmendoza.com)