



## **NARRATIVE PORTRAIT: DRAWING & PAINTING (P-11)**

Laura Spector

Intermediate / Advanced

Wednesday evening, 6:30 - 9:30 PM

March 28 – May 16

8 weeks

*\*Please note: This class is for both OIL and ACRYLIC painters. Please see your correct material list according to the medium you prefer to use. I encourage you to read the entire list and contact me via email if you have questions before you make large purchases.*

### **OIL MATERIAL LIST:**

Oil Paints: You may buy or use paints from any brand you wish. I prefer the look, feel and price point of Rublev Paints from Natural Pigments online. I've use them in my professional work and find them to be stable paints that do not include any fillers. It's literally crushed pigment with an oil vehicle. To make it easier, I have included a direct link to my recommended color list below. If you should choose to order from them, you will automatically get a 10% discount. The colors are historic so they do not include hues such as cadmiums. For these I go to any of the following brands: Old Holland, Williamsburg, Michael Harding, BlockxRublev color list here:

<http://www.naturalpigments.com/laura-spector-palette.html>

\*If the Vermillion is too costly, you can use Cadmium Red instead.

Additional colors I recommend including in your list:

1. Cadmium Red
2. Cadmium Yellow
3. Prussian Blue
4. \*(Optional) I'm a big fan of Brown-Pink. Gamblin is one of the companies that makes it.

MEDIUMS: (Any or all of these are fine. You'll need at least #1 and #2)

1. Odorless mineral Spirits (This is on the Rublev site on my list as Rublesol. You can also use Gamsol)
2. Linseed oil (Sun thickened is also welcome), this is also on my Rublev list
3. Epoxide oil (this is a natural way to dry your paint faster and can be cut with linseed oil), also on the Rublev site.
4. Oleogel - can be used for "oiling in" and to thin paint for last layers

\*You'll notice that I do not have either Titanium White or Zinc White on my list for oil painters.

This is because Lead White is the most stable color there is that does not turn yellow or crack.

Recent reports from last year, prove that Zinc White cracks and delaminates off of oil paintings as soon as 2 years after application in oil paintings.

- Blue shop towels (Lowe's, or Amazon has these. They are lint free and look like paper towels, but are blue)

- Glass dropper bottles or plastic travel bottles to store your mediums. **Odorless Mineral**

**Spirits must be kept closed during class. The fumes, though odorless, are dangerous.**

**\*\*Please skip down past the Acrylic Material Paint List for the remaining list of materials you'll need for class.**

## ACRYLIC MATERIAL LIST:

ACRYLIC PAINTS: You may buy a prepackaged paint set or individual colors, but will probably need to replenish as the course continues.

Please buy these specific colors or a close variation to the color listed:

\*The nicer the brand, the easier the paint will be to work with. I've seen some wild variations of color between brands. I highly recommend sticking with either **Golden** or **Liquitex** professional quality paints. Student quality paints may save you money in the short-term, but have more binders which mean you have to use more paint to achieve a nice opacity with many colors. I prefer Heavy Body paints because they dry rather quickly. However, if you prefer the drying time of oil paint, you may want to test out the "OPEN" acrylics which dry slower and are manufactured by both Golden and Liquin.

You will need a cool and warm of each primary color.

1. Titanium White (PW 6)
2. Zinc White (PW 4)
3. Pyrrole Red Light (PR 255)
4. Quinacridone Crimson (PR 206 / PR 202)
5. C.P. Cadmium Yellow Primrose (PY 35)
6. Hansa Yellow Medium (PY 73)
7. Yellow Ochre (PY 43)
8. Ultramarine Blue (PB 29)
9. Cerulean Blue (PB 36:1)
10. Burnt Sienna (PBr 7)
11. Burnt Umber (PBr 7)
12. Raw Umber (PBr 7)
13. Dioxazine Purple (PV 23)
14. Prussian Blue (PB15:1 / PV23 / Pbk9)
15. Cadmium Orange (PO 20) (This will likely be the most expensive color and used on most dark skin tones)

\*Optional - You can purchase SATIN Glazing Medium to extend your paints or use OPEN paints.

- Water Cup (Glass jar is helpful)
- Spray bottle (the kind for spraying house plants)
- Bag of WHITE rags (Southland Hardware - or any other hardware store has these)

## MATERIALS EVERYONE WILL NEED:

- Glass palette - 1/8", or 1/4" thick 11" x 17" (instructions on how to make this will be sent prior to class)
- **MEDIUM GREY foamcore** cut to 11" x 17" Duct Tape (Acrylic painters may use a gray plastic palette from Jerry's Artarama)
- 2+ Palette Knives, variety of sizes -for mixing and scraping paint from the palette - All knives should have a bend in the neck (not flat) **NO PLASTIC**. Please include 1 angled knife and one round mixing knife.
- Paint Brushes - (**Hogs Hair and synthetic**)
- **Filbert, square and round**. Pre-set packages of various thicknesses, or hand select a variety of thickness from skinny/fine to 1" thick (from edge to edge of bristles). Purchase sizes and brands of your choice. Please make sure to get a mixture of brushes. **\*I HIGHLY recommend getting a few Hogs Hair Flat Brushes and a few various sizes of FILBERT brushes**
  - I order my brushes from Rosemary & Co brushes online. They're out of the UK and are a family owned 3rd generation business. Their prices are very reasonable. I like their new "Ultimate" line of brushes for both acrylic and oil. If you place an order with them, make certain to specify 2-day shipping. It costs about \$2.00 more, but arrives about 4 weeks faster than the other option.
- 4 Stretched Canvas (Primed with Staples on the back) OR, primed wood cradles OR canvas panels. **Do not go smaller than 16" x 20" and do not go larger than 20" x 24"**. (Please avoid larger canvases as they can block the view from your neighbor when we have a model).
- Clamp Light and bulb (60 Watt Frosted) - Southland Hardware has these for \$9 or less. **Please only get a clamp light with a bell!** (Lowe's and Home Depot will also carry these lights)
- Extension cord
- Painting Clothes, or apron (This denim one is from Jerry's Artarama)
- 3" Flat Brush (for washes, priming, varnishing) – This is NOT a house painting brush. This is an art brush and is thin with a wooden handle.
- Plastic wrap (Saran wrap)
- **Nitrile Gloves** - (They usually come in blue, gray or black). Especially for oil painters since you're using LEAD paint. However, acrylic paints contain heavy metals. I encourage BOTH oil and acrylic painters to wear gloves, especially if you have a cut on your hand, bite your fingernails, have an auto-immune disorder, are pregnant or trying to get pregnant. Gloves will protect you and speed up your clean-up process too!
  - You can purchase nitrile gloves online or at a local pharmacy.

## DRAWING MATERIALS FOR EVERYONE!!!

Drawing board with clips

3+ sticks of Charcoal - Vine or willow (You can use the pencil version if you prefer)

1 stick of compressed charcoal (for dark lines)

1 white chalk pencil (I use Generals)

Strathmore 400 series Drawing paper 18" x 24", OR individual sheets of Canson drawing paper. We will be drawing during 2 classes and you will be asked to make preparatory sketches of all 4 paintings.

Artist's Tape (for pulling off of paper without ripping it)

**\*Optional - Spray Fixative - for use outdoors ONLY!**

For questions regarding this supply list, please contact instructor Laura Spector at [lauramakesart@gmail.com](mailto:lauramakesart@gmail.com)