



Painting: The Cinematic Portrait

Laura Spector

MATERIALS NEED

*Please note: This class is for both OIL and ACRYLIC painters. Please see your correct material list according to the medium you prefer to use. I encourage you to read the entire list and contact me via email if you have questions before you make large purchases.

When appropriate please support your local art stores. *I do not recommend purchasing paint over Amazon because we do not know how it is stored.* For those in Houston, I recommend Art Supply on Almeda (Vikki) will have this material list on hand.

Paints in General:

Each student should have a warm and cool version of each primary color, (lead white for oil painters), and a few earth colors (EX: Burnt Umber, Burnt Sienna, Raw Umber, Yellow Ochre).

OIL PAINTERS: *Zinc White is NOT on my list for oil painters. Lead White is the most stable white paint for oils (It does not come in acrylic). Zinc oil paint cracks and delaminates (peels) from oil paintings in as little as 2 years after application.

Places **online** where I purchase my favorite *Lead White oil paint (a.k.a. Cremnitz White and Flake White): Blue Ridge Oils, Blockx from The Italian Art Store, Lead White #1 from Natural Pigments

OIL MATERIALS LIST:

You may buy or use paints from any brand you wish. Oil brands I recommend include *in order of my personal preference*: Blockx, Rublev (Natural Pigments) Old Holland, Williamsburg, Gamblin, Michael Harding, Rembrandt ***Please do not use Winton.**

OIL MEDIUMS: (Any or all of these are fine.) (*Oleogel is a consistent favorite of many painters*)

1. (OPTIONAL!!! I'm trying to remove all mineral spirits from my studio practice for health reasons. Oil painting can be done without the following, but if you must use them, these are my preferred thinners: Odorless mineral Spirits : Gamsol (Any art store) and Rublesol (On Natural Pigments website)

2. Linseed oil - widely available (Sun thickened is also welcome)

3. Epoxide oil (this is a natural way to dry your paint faster and can be cut with linseed oil)

4. Oleogel - handy because it is a gel. This can be used for "oiling in" with a makeup wedge sponge and to thin paint for last layers. It is only available on the Natural Pigment website.

5. Stand Oil/Heavy Bodied Oil - This is a syrup-like oil that dries slowly. This is the most stable oil to use to reduce yellowing and cracking in oil painting. This gives thick, luscious, glossy brushstrokes.

- Blue shop towels (Lowe's, or Amazon has these. They are lint free and look like paper towels, but are blue) .

*****Please skip past the Acrylic Material Paint List for the remaining list of materials you'll need for class.***

ACRYLIC MATERIAL LIST:

ACRYLIC PAINTS: You may buy a prepackaged paint set or individual colors, but will probably need to replenish as the course continues. **Please have these specific colors or a close variation to the color listed.**

*The nicer the brand, the easier the paint will be to work with. I've seen wild variations of color between brands. I highly recommend sticking with either Golden or Liquitex professional quality paints. Student quality paints may save you money in the short term, but have more binders which mean you have to use more paint to achieve a nice opacity with many colors.

I prefer **Heavy Body** paints because they dry rather quickly. However, if you prefer the drying time of oil paint, you may want to test out the **"OPEN"** acrylics which dry slower and are manufactured by both Golden and Liquin. Or, purchase OPEN medium to add to your paints. I personally work with all primary colors in OPEN and all earth and white colors in heavy body.

You will need a cool and warm of each primary color. Earth colors are not considered primaries for this course.

Primary Colors:

1. Ultramarine Blue (PB 29)
2. Cerulean Blue, Chromium (PB 36:1)
3. C.P. Cadmium Yellow Primrose (PY 35)
4. Cadmium Yellow Medium (PY 37)
5. Quinacridone Magenta (PV19)
6. Pyrrole Red Light (PR 255), or Cadmium Red Light (PR108), or Cadmium Red Med

Earth Colors:

7. Yellow Ochre (PY 43), or Yellow Oxide
8. Burnt Sienna (PBr 7)
9. Raw Umber (PBr7), or French Raw Umber Burnt Umber (PBr7)
10. Titanium White (PW 6)
11. Zinc White (PW4)

****Optional for Acrylic Painters - You can purchase SATIN Glazing Medium to extend your paints, use OPEN paints or OPEN medium to keep your paints wet longer***

- Water Cup (Glass jar is helpful)
- Spray bottle (the kind for spraying house plants)
- Bag of WHITE rags (Southland Hardware - or any other hardware store has these) *(Please do not use recycled baby bibs or textured clothing.)*

MATERIALS EVERYONE WILL NEED:

Palette

- Glass, plastic or paper. **I prefer glass in my sta-wet rubber palette which fits a gray New Wave glass palette perfectly. If you make your own glass palette (highly recommended!) email me for directions.**

- **2+ Palette Knives**, variety of sizes -for mixing and scraping paint from the palette - All knives should have a bend in the neck (not flat) **NO PLASTIC**. Please include 1 angled knife (for scraping paint) and one round mixing knife.

- **Paint Brushes** - (Hogs Hair and synthetic)

Filbert, square and round. Pre-set packages of various thicknesses, or hand select a variety of thickness from skinny/fine to 1" thick (from edge to edge of bristles).

Regarding brushes, purchase sizes and brands of your choice. Please make sure to get a mixture of brushes. *I HIGHLY recommend getting a few Hogs Hair Flat Brushes and a few various sizes of FILBERT brushes. I also like synthetic hair brushes to soften edges of portraits.

2 primed supports 18" x 24" - Canvas, OR, Wood Panel, OR Canvas Paper w/ drawing board and artist tape. I prefer Artefex panels on ACM board. If you like their panels, call them and let them know you're my student and you will receive a discount.

Painting Clothes, or apron

***OPTIONAL Plastic wrap** (Saran wrap) to cover paints at the end of class.

***OPTIONAL Nitrile Gloves** - (They usually come in blue, gray or black). Especially for oil painters since you're using LEAD and HEAVY METAL paint. However, acrylic paints also contain heavy metals. I encourage BOTH oil and acrylic painters to wear gloves, especially if you have a cut on your hand, bite your fingernails, have an auto-immune disorder, are pregnant or trying to get pregnant. Gloves will protect you and speed up your clean-up process too! You can purchase nitrile gloves from any pharmacy, Costco (where I get mine), Amazon, or from tattoo supply shops. I can often reuse my gloves 2-3 times.

DRAWING MATERIALS FOR EVERYONE!!!

- Sketchbook for notes

- Pencils ("H" and "4B" or something similar so you have one hard and one soft pencil.) - A couple of sheets of paper (somewhere around 11" x 14") for the first day. (You can use individual sheets of paper. If you have a drawing board you can tape them to be placed on your easel, even better!

TRANSFERRING:

- Seral Paper, Graphite color (OPTIONAL, see below)

- Red Ballpoint Pen (OPTIONAL, see below)

You will have several options of transferring your preliminary sketch to your painting support. If you do not wish to hand draw on your canvas you may use SERAL GRAPHITE PAPER underneath an enlarged photocopy of your image. Seral Paper can come in individual sheets or in a roll (It looks like a plastic wrap box). Please make sure to get the GRAPHITE color only.

To transfer with Seral Paper you'll also want a RED BALLPOINT PEN so you can see your tracing lines.

For questions regarding this supply list, please contact instructor Laura Spector at lauramakesart@gmail.com